

Tuesdays 12.30 – 2.30

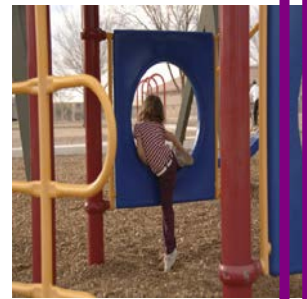
21 & 28 January and 4, 11 & 25 February 2014

Bringing Up Confident Children for Parents with Physical Disabilities

Woodlands Children's Centre, Gilbert Scott Primary
School, Farnborough Ave, South Croydon, CR2 8HD

Come and learn how to -

- be positive with your children
- understand their behaviour
- help them handle their feelings
- manage difficult or challenging behaviour
- bring a positive attitude to your relationship with your children
- feel more confident as a parent



To book a place on the group please contact

**Hayley at Woodlands CC on 0208 916 0543
or Louise at Family Lives on 01707 630105**